May 2024 Menu
BEND

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breakfast Yogurt & Granola **Lunch** Chicken Nuggets Mixed Vegetables Dinner roll	**Breakfast** Chocolate Chip Muffin **Lunch** Ravioli Garden Salad Garlic Knot	**National School LUNCH HERO Day** **Breakfast** Cinni Mini **Lunch** Hot Dog Baked Beans Tots
6	7	8	9	10
Breakfast Mini Pancakes **Lunch** Mini Corn Dogs Baked Beans Baby Carrots	**Breakfast** Bagel With Cream Cheese **Lunch** Beef Taco Refried Beans Shredded Lettuce Tomatoes	**Breakfast** **Muffin** **Lunch** Chicken Quesadillas Refried Beans Fiesta Corn	**Breakfast** **Cereal Bar** **Lunch** Chef Salad Baby Carrots Dinner roll	**Breakfast** Pop Tart **Lunch** Pizza Green Salad with Tomatoes Baby Carrots
13	14	15	16	17
Breakfast Cinni Mini **Lunch** Orange Chicken Steamed Rice Steamed Broccoli Graham Cracker	**Breakfast** Yogurt 1/2 Bagel **Lunch** Turkey & Cheese Croissant Sliced Bell Peppers W/ Ranch	**Breakfast** English Muffin with Cheese **Lunch** Chicken Alfredo Steamed Broccoli Bread Stick	**Breakfast** Fruit Bowl with Graham Crackers **Lunch** Hot Ham & Cheese Ciabatta Sliced Cucumbers with Ranch	**Breakfast** Hot or Cold Cereal **Lunch** Cheese Burgers with Lettuce & Tomatoes French Fries
20	21	22	23	24
Breakfast **Cereal Bar** **Lunch** **Max Mozz Sticks** **Broccoli Buds** **Corn**	**Breakfast** Cinni Mini **Lunch** Burrito Mixed Green Salad Spanish Rice	**Breakfast** Yogurt & Granola **Lunch** Pb & J String Cheese Baby Carrots Cucumbers with Ranch Graham Cracker **Vanilla Pudding**	**Breakfast** Chocolate Chip Muffin **Lunch** Deli Sandwich Spinach and Tomatoes Chips	**Breakfast** Pancakes **Lunch** Pizza Green Salad with Tomatoes Baby Carrots
27	28	29	30	31
MEMORIAL DAY	**Breakfast** Cold Cereal Graham Cracker **Lunch** Nachos Sliced Bell Peppers Grape Tomatoes	**Breakfast** English Muffin with Cheese **Breakfast for Lunch** French Toast Sticks Hash Brown Sausage	**Breakfast** Muffin **Lunch** Field Trip	**Breakfast** Apple Nachos **Lunch** Chick'wich Baked Beans Baby Carrots with Ranch

All Students Eat Free as part of the Universal Meals Program
To check your account balance or submitt a new application go to: http://linqconnect.com/
Paper applications are also available and can be completed at any time during the school year

The District Wellness Policy is available for viewing at: www.evergreenusd.org

Menu subject to change.

More specific nutritional information is available upon request.

Please call:
(530) 347-3411 ext. 7533

Free for all students!

ADULT MEALS
Breakfast: $3.00
Lunch: $ 5.00
A la Carte Entree: $ 1.75

MILK
$ .50

In addition, the choice of an optional meal choice in the form of a Peanut Butter and Jelly sandwhich will now be available as part of a pre-assemled sack lunch.

Choice of 1% white and non-fat chocolate milk is served with each meal.

Fruit Juice is served additionally with breakfast.

Fruit is served everyday for both Breakfast and Lunch.

This institution is an equal opportunity provider.